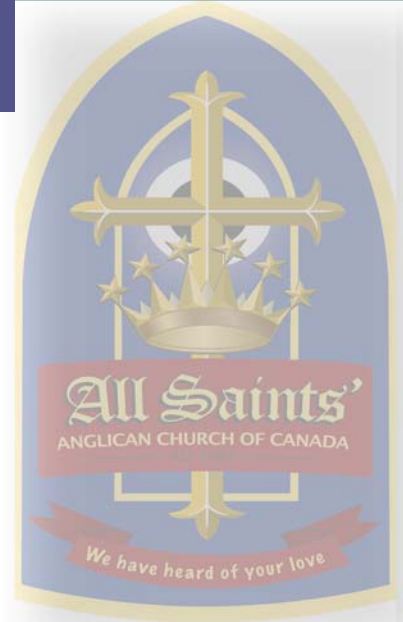


# Saints Alive!

Editor:  
A. Ralph

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## INTRODUCING GEOFF

In May, the Rev. Geoff Lloyd was appointed as Associate Priest at All Saints, but suddenly he finds himself serving as Interim Priest-in-Charge while the parish seeks a new, permanent Incumbent. We are delighted that he has accepted this call and welcome him and his wife Dianne into this shared ministry with us.

Geoff was born and raised in Truro, Cornwall (UK). He studied Modern Languages at Manchester University, and in 1970, became a police officer in London, serving 4 years in uniform before becoming a detective at New Scotland Yard, serving in Special Branch and the Anti Terrorist Squad until his retirement in 1995. During his police career he was sent to the Army School of Languages to learn Arabic and spent most of his time thwarting and investigating terrorist attacks emanating from the Middle East. He felt God's call to him in the late 1970s and was baptized and confirmed in 1978. He became a Lay Reader in the Diocese of Rochester, UK in 1986 before training for ordination

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## EDITOR'S VIEW: No Trace, Yes Grace

Knowing we are a camping family, a dinner guest said to us, "I guess you practice 'no trace' camping — you know, 'take only pictures, leave only footprints.'" The kids laughed and Erin replied, "Absolutely, not. We are definitely not 'no trace' campers." Before our guest was too scandalized, I explained. We set the bar higher than "no trace." Our custom is to leave a camping site better than it was when we arrived. This means picking up stray garbage like abandoned tent pegs or overlooked bottle caps, restoring habitats by putting back logs or rocks that have been dragged out of

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## DON'T MISS ...

- Sept 8: Service of Installation Service for Dean Vail, St James Cathedral
- Sept 15: Annual Launch/Rally Party for 9:30 Service
- Sept 20: Episcopal Visit by Diocesan Bishop, the Rt. Rev. Andrew Asbil

All Saints' Anglican Church  
[www.allsaintswhitby.org](http://www.allsaintswhitby.org)





## A MESSAGE FROM DEAN VAIL

Shortly before my final Sunday at All Saints, I was the speaker at an event held by one of our parish ministries. Given that you all got to hear me speak very regularly, I asked for some guidance about the content of what I should

say. “Tell us about the goals and ambitions that have led you thus far and shape your future” was the reply. What a good topic!

You see, the short answer is that I don’t have any. The decisions in my ministry have all been an attempt, sometimes flubbed by yours truly, to serve God in my life and through the decisions I make. That said, I do have a goal which is more in the form of a prayer I say every morning: Lord, please help me be a faithful parish priest to your people wherever I serve.

That’s it. I have never sought titles or promotions or bigger parishes or certain locations. I have simply tried to listen for God’s leading and be faithful. The wonderful, though not surprising thing, is that God has always been much more faithful to me than I to God. God has led me to wonderful places in which to minister, places like this parish.

The faithfulness and leading of God in this time of transition that you and I face are so very important to remember. I had no ambition to become the Dean, yet here I go and I am convinced that God is behind this move just as He was in bringing me to you in 2013. So, is there any doubt that God will be faithful to you in finding a new priest to serve this amazing parish and lead you into the future?

None at all! So, as Jesus says, do not be anxious

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### A Prayer for General Synod, July 10-16 2019

“Almighty God, giver of all good gifts, look on your Church with grace, and guide the minds of those who shall choose a Primate for our beloved Church, that we may receive a faithful servant who will care for your people and support us in our ministries; through Jesus Christ our Lord.”

*The Most Rev. Fred Hiltz  
Primate, Anglican Church of  
Canada*

*“So, is there any doubt that God will be faithful to you?”*

## POWER of PRAYER: Summer Journalling

Summer ushers in a slower pace in lay ministry and perhaps interrupts your weekly attendance at Sunday service. In this season, you might consider keeping a prayer journal. Such a notebook will be an interesting chronicle of your summer and will help you keep your faith and prayer needs in focus while you are resting and recreating. Here are some easy steps you can follow:

- #1) Find a quiet place and a regular time for reflection and meditation, such as a shady park bench on your lunch break or your backyard patio in the morning. You may journal daily, weekly, or as often as you like. It is really up to you. Try to do it regularly, but not out of a sense of guilt or duty.
- #2) Begin with a spoken sentence or two of prayer to God or the Holy Spirit to guide your thoughts and keep you diligent in this exercise.
- #3) Think about giving thanks to God. Write down your thoughts. Be open to bursts of gratitude and joy for the way God has been working in your life since you last wrote.

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## Dean Vail's Message *continued from p.2*

about this but “seek first the Kingdom of God and His righteousness, and all you need will be given to you.” (Matthew 6:33)

One final thing... Many of you have been kind enough to say that I have made a big difference in the life of the parish while I was here. That is only partly true. If anything good came through me, that was God working through me to serve you. And a very large part of what good took place was us working together. This is a wonderful parish full of blessed disciples of Jesus, so don't sell yourselves short! Instead, trust in God, continue to faithfully listen for God and follow His leading and, as Julian of Norwich puts it, “all shall be well, and all shall be well, and all manner of thing shall be well.” May God bless you as you move forward to live Christ's mission in this place.

~ Stephen+

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## Prayer Journalling *continued from p.2*

#4) Now write out any specific prayer requests, visualizing the person or situation needing God's help. A simple list of names or subjects is fine, if it's too difficult to put on paper. Some people leave a space after each prayer request and label that space: “Answered.”

#5) Go back over previous entries in your journal and consider how



God has been working in those situations for which you prayed. Write down how you perceive the prayer was answered. This is an important step to build your faith in prayer, and to remind yourself of requests that need more intercession.

#6) Conclude by praying quietly to yourself in praise of God for hearing and answering your requests. Even if

you don't see obvious changes in the situation you prayed for (or the changes you expected), you still know the prayer is being answered by God in accordance with His will and in His own perfect timing.

There are lots on online resources and suggestions for setting up a prayer journal, Many online sites sell preprinted prayer journals, but you can use a lined bound journal or a plain old spiral ring notebook. The important thing is to try to develop a prayer habit.

~ Arleane Ralph

## The Biblio-File

***Too Busy Not to Pray: Slowing Down to Be with God*** ~ Bill Hybels

A very approachable, nicely-written and quite helpful primer — ideal for those who feel too stressed to take time to pray regularly, or for those who need guidance in the basics. It is deceptively simple, but quite profound, a joy to read, and compelling in very practical ways. Hybels is the renowned pastor of the large Willow Creek Church near Chicago, known for its upbeat services aimed at the un-churched, so he knows how to write for an audience that may not be used to deep theology or heavy Biblical studies.

***Prayer*** ~ Ole Hallesby

Written by a Norwegian Lutheran clergyman (who had been imprisoned by the Nazi's for his outspoken resistance to their fascism) *Prayer* offers in eleven short chapters truly helpful guidance for beginners and sturdy spiritual insight for those who have spent a lifetime praying. Simple as it seems, even deep and reliable authors have said it is one of the very best.

~ “A List of 20 Great Books on Prayer — which (mostly) appeared in The Washington Times special feature this week-end.”

Posted on November 25,  
2015 by Byron Borger

**SOS!**



**ported into Canada arrives by ship**, it is amazing that the people who risk their lives to bring the goods to us are virtually an invisible society, often from the poorest parts of the globe.

The Mission to Seafarers has been around for more than 150 years throughout the world, with the goal of providing a safe haven, assistance and support for merchant seamen when they are far from home. Mission's Chaplain, Reverend Judith Alltree, worked tirelessly for four years to find the resources needed to open the station in Oshawa. Thanks to private donations and monetary gifts received from the UK branch of MTS and the Diocese of Toronto, a refurbished construction trailer now sits just down the road from the harbour gates, at the foot of Farewell Avenue. Here, incoming seamen can find a quiet place to relax and socialize, away from the cramped, and often noisy quarters on their ships, while making use of the free, unlimited wifi that the station offers. When ships are at sea, wifi is either not available for the sailors, or only for a prohibitive cost via satellite. The wifi at the Oshawa station provides a vital link to loved ones on the other side of the world, when they are away from home for months on end. In addition, hot and cold drinks and snacks are always on hand, and free donated warm clothing is available.

The station is run by a small group of dedicated volunteers, whose duties could include going onboard incoming vessels to welcome them and give information (my personal favourite!), hosting visitors at the trailer, or even driving them to go shopping. This truly is volunteering with a difference, since the schedule is variable, depending on when and how many ships arrive. Volunteers select the times they wish to work from an online calendar; it can be as little as once in a month, or at peak times, several times in a week, depending on their availability.

The lion's share of volunteers are from All Saints. They are Jill Wylie, Tim Ralph, Jacky Bramma, and Phil Bayer. Sadly, last December, we lost Harold McGary, a dedicated member of the team. Apart from us, there are only a couple of others from the whole of Oshawa and Bowmanville who regularly turn out. If you could see yourself as an MTSSO volunteer, please speak to any of the team for more information.

Our thanks go to Brenda-Lee Heard and her crafty group who have donated countless knitted items for the sailors (see page 5). One of the pluses of this job is to see the joy on the faces of the men as they receive a gift or find company and conversation in the Terry Finlay Seafarers Centre.

With the Port of Oshawa about to open to incoming ships after the winter, the **Mission to Seafarers, Southern Ontario (MTSSO)** is getting ready for another busy season. Considering that **90% of everything im-**



Many of the Filipino seafarers have had visits during their stay from family members. The Terry Finlay Seafarers Centre, Sept 2018.

*~ Jacky Bramma*

## KNITTING FOR THOSE IN NEED

My name is Brenda Lee Heard, I first started knitting hats and mitts several years ago to contribute to our All Saints' Christmas Tree Tag Hamper Program. It simply began as a dozen or so hats and mitts being donated to this one program; however, much has happened since then.

Year-ending 2016, we were able to donate over 2,000 knitted & crocheted warm clothing items as part of our All Saints' Outreach Program efforts. In addition, a knitted item table was added to the annual Christmas Bazaar, selling hats, mitts, scarves & baby clothing. This continues to be well received with a positive result financially.

How is this all accomplished?? Twelve to fifteen very committed knitters & crocheters made up of our congregation member ladies & a few close friends doing what they love to do throughout the year. If you happened to have heard mentioned "All Saints" Crafty Knitter's," then that's us!!

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## ALL SAINTS' PARISH VIDEO

Take a look at these beautiful screenshots from our new parish video or better yet, visit the parish homepage at <https://allsaintswhitby.org/> and see the video yourself. It is a elegant and warm profile of our parish and a wonderful way to introduce ourselves to seekers and newcomers. The video will only be up for a brief time during this period of transition and is likely to be re-edited once we have a new Incumbent, so be sure to have a look now. And definitely share the link with family, friends, and neighbours. The video was produced by Nicholas Bradford-Ewart of Archipelago Productions as part of an OFOH funded project offered by the Communications Department of the Diocese of Toronto.



## Knitting for Need *continued from p. 5*

Charitable Groups directly receiving our Knitted & Crocheted warm clothing items are:

- ◆ Muslim House Women & Children's Shelter
- ◆ Denise House Women's Shelter
- ◆ Rose Of Durham Young Parents Support Group
- ◆ All Saints' Church Community Centre, Sherbourne Street, Toronto
- ◆ Salvation Army, Durham Region
- ◆ Lions Camp Dorset (Dialysis) Patients, Dorset, Ont.
- ◆ Crisis Homes, Whitby & Oshawa
- ◆ Mission to Seafarers, Port Oshawa
- ◆ All Saints' Ministry Groups who with their own Outreach Program efforts include our items with their planned donation items, such as the Men's Group "Staying Warm Together" project; the Deacon's Cupboard; and the Christmas Tree Tag Hamper Program

Thank you to all that have made this All Saints' volunteer undertaking so meaning-

ful to those in need of our services, special thanks to the Knitting & Crocheting Ladies, and to those who donated yarn when called upon.

A volunteer program undertaking that started small, however, now has grown to become such an important mission for our Parish of All Saints'. Well Done to Everyone Involved!

Should you consider joining our group by becoming a volunteer knitter or crocheter or maybe wish to donate some unused yarn, then please contact me a #905-668-1297 or [brendaleeheard@gmail.com](mailto:brendaleeheard@gmail.com).



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## Introducing Geoff *continued from p. 1*



part time from 1992 to 1995. He served his curacy in Bromley, Kent, and then went to the Diocese of Exeter where he served as Incumbent in two rural parishes, the last being in Horrabridge near Plymouth, Devonshire. For the last 5 years of his ministry he served as the Rural Dean of Tavistock overseeing 27 rural parishes mostly in the National Park of Dartmoor. Geoff retired in 2011 and emigrated to Canada with his Canadian wife Dianne. He has served as Honorary Assistant at St George Memorial and St Matthew, both in Oshawa. Having moved to Whitby just over 2 years ago, he and Dianne feel God is calling them to put down roots in All Saints and they look forward to serving the parish during this period of transition and in the years to come.

## No Trace, Yes Grace *continued from p. 1*

position by previous campers, and sometimes even leaving a bit of kindling and fire-starting material behind for the next group.

Our dinner guest for some reason thought that this was impossibly charming, but excessive behaviour. And yet the idea of a “no trace” sojourn makes no sense to me. The common trope of travel is that we metaphorically are changed by the places we visit and by the experiences we have. As the song says, “you pass through places and places pass through you, and you carry them with you on the soles of your travelling shoes.” While it is true travel shapes us, at the same time we also can shape the places through which we travel. We do leave a trace. I’m not talking about leaving one’s mark in a narcissistic or destructive way, like carving one’s initials into the picnic table. But ‘no trace’ does not mean without a touch of grace. Even as you visit other churches this summer, you might have a joyful interaction with a local, praise or respect for the customs of the community you visit, make a substantive contribution at the offertory ... these are

all ways to graciously have an impact.

When I read about marvellous path that brought Fr. Geoff from Truro to New Scotland Yard to a suburban parish in southern Ontario or when I consider the next steps in the ministry adventure that Fr. Stephen is on, I can only think how exciting it is that each of them has impacted the landscapes they have passed through, the places they have been and then departed from.

If we’re lucky as we move through life we also have the opportunity and privilege of leaving things and places better than we found them, if only by the subtle virtue of our love and care for the spaces we occupy on that journey. We might not be doing astonishing things. Our actions might not change the world in one fell swoop. We may not even think we are making a mark. But in the small corners of the world that we inhabit, in the lives and communities in which we’ve played a part, we are, we can, we do make a difference.

~Arleane Ralph



### Parish Selection Committee (PSC)

On June 23, the following members of All Saints’ PSC were approved by Vestry:

Jacky Bramma, Nancy Bricknell, Mark De Sousa, David Harries, Liz Leishman, Pauline Reid, and Churchwardens Sheila Robson and Roy Allam.

With the help of a Diocesan-assigned coach, the PSC will develop a parish profile that the Area Bishop can use to encourage applicants. The PSC will also observe and interview a shortlist of applicants as provided by Bishop. This work should take 6-9 months. In that time, please pray for the committee and for whomever God is calling to serve our parish. Weekly prayers will be included in Sunday services and a special prayer sequence can be found on the parish website at <https://allsaintswhitby.org/news-events/prayer-life/>

## SUMMERTIME

Thank you Lord for the golden sun  
That warms the earth from sky of blue  
The rays that brightens the summer's day  
Speaks of the love that flows from you

The summertime of heat filled days  
We thank you for the cooling breeze  
And the shade that cools us down  
Under the shadow of leaf topped trees

We seek the shelter of your wings  
Your breath upon us like a cooling wind  
To ease the spirit and comfort the soul  
And the rest you give to us who sinned

We thank you for the sparkling sea  
To dive beneath its cooling waves  
And Lord we thank you for the blood  
Of your Saviour Son, the One who saves

The summer days we thank you for  
The joys of spending sun filled hours  
Along the coast or countryside  
Or in the garden viewing pretty flowers

For in the heart redeemed by you  
Your Saviour Son brings a better clime  
Your rays of love; the sunshine of grace  
And for our souls it is always summertime

~ Colin Moffett

## NOTICES & OTHER REMINDERS

**Sponsorship:** We are getting close to the arrival of the rest of the sponsored refugee family. Please check the bulletin board in the breezeway for a list of household items that are requested for the family. They will need everything from toothpaste to a television and the lost will be updated frequently so please check it regularly and prayerfully contemplate what you can donate. Items must be new or nearly new and you will be asked to store them until the family arrives. If you have questions, contact Lee Carter.

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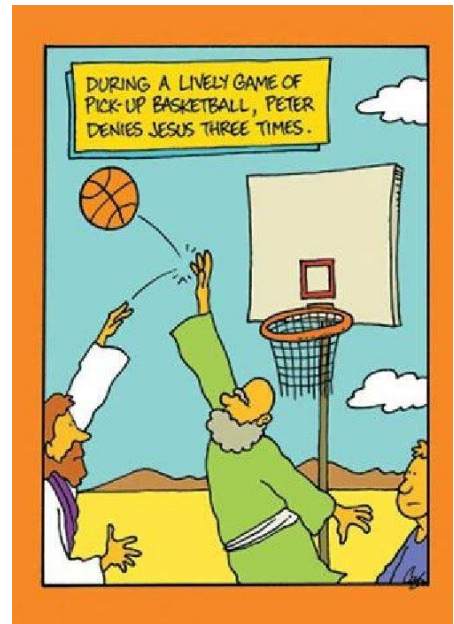
**Shopping for All Saints :**  
Join the parish FlipGive team and then shop online as you

normally would. Participating online retailers will give a percentage of your purchase price back to the designated charity, i.e., All Saints. It's really that easy. Learn more from the brochure on the Outreach Bulletin Board or talk to Lee Carter.

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**“Open for Prayer” Ministry:** All Saints needs a team of 8-10 people to help sustain our practice of having the church open for prayer on Thursdays from 12-1pm so that visitors and seekers might come in for a time of quiet, prayer, and reflection. If you can manage about 70 minutes on a Thursday every several weeks, you can be part of this ministry. Contact Gary Gannon to learn more and sign up.

**And in honour of the local team that won the big hoopball sports championship thingie:**



***Saints Alive! Editor: Arleane Ralph***

***Contact: arlyanne@hotmail.com***

***The next issue will be available in late September. The deadline for comments or submissions is September 14, 2019.***